

Wild Food Course, Finland

The Wild Food course gives you the opportunity to explore the nature of the Nordic countries and their lakes, forests, animals and plants.

During the course, you will learn to identify and gather natural raw materials such as berries, mushrooms, herbs and fish.

In the kitchen you will make different kinds of foods and products using these raw materials.

The course includes a three-day trip to Hossa National Park
<http://hossa.fi/kansallispuisto/?lang=en>

The course ends with a big Farmers Market event at the school. `

For more info about this course, [please click here.](#)